



## EAST SUSSEX COUNTY COUNCIL

### Job Description

<b>DEPARTMENT:</b>	Adult Social Care
<b>LOCATION:</b>	Lewes
<b>JOB TITLE:</b>	JCR - Support Worker (Joint Community Rehab)
<b>GRADE:</b>	East Sussex Single Status 5
<b>RESPONSIBLE TO:</b>	JCR Reablement Team Leader/Intermediate Care Manager
<b>MAIN PURPOSE OF THE JOB:</b>	To work as part of a team providing a high quality and flexible range of services to clients in their own homes' promoting independence.

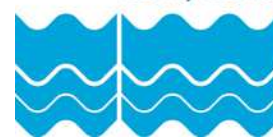
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### KEY TASKS

1. To treat clients of the service with dignity and respect and maintain confidentiality, as in line with the departmental policies, procedures and statutory requirements.
2. Provide Reablement Activities as required. This is being responsible for and competent to support clients with exercise programmes, gait education, health care procedures such as embolism stockings, catheter care, stoma care, pressure care, nutrition and swallowing.
3. To assist people to maximise their independence when carrying out all daily living activities which include:
  - A) Supporting clients with personal care
  - B) Supporting clients to dress and undress
  - C) Diet and fluid including assistance with simple feeding interventions
  - D) Toileting including emptying and changing urinary and other bodily fluid drainage bag/vessels

- E) Follow care plans and associated risk assessments (such medication, moving and handling, environmental).
4. To observe and report to a Lead Support Worker/Reablement Team Leader /Intermediate Care Manager any deterioration or improvement and record accurately clients/carers' (via relevant paper records or electronic information system) response to their rehabilitation programme or any changes in their condition or circumstances as part of following a weekly programme.
  5. Provide support to clients/carers through effective listening and communication skills and encouraging them to participate in their rehabilitation programme or care plan.
  6. Maintain health and safety for self and others in the performance of duties in accordance with the Department Health and Safety policies. Safeguard the well-being of clients and report any concerns promptly.
  7. Contribute to positive working relationships within the team and attend team meetings, supervisions and training as and when required.
  8. Administer medication and/or provide supervision of medication and keep accurate medication records in accordance with Departmental policy and procedures. Liaise with medical services when required regarding the administration and/or supervision of medication.
  9. Participate in a working rota designed to meet the needs of the service.
  10. Undertake other duties as required supporting the day-to-day services and needs of the clients and the team. You will also be expected to help in emergency situations in the community and may be required to provide care in other establishments to support Adult Social Care fulfil their Care Act responsibilities. I.e. you may be required to assist clients in an independent home in the community, which the organisation needs to assist.
  11. Work within an inter-professional framework with other health and social care professions, voluntary organisations and other agencies involved in the care of the clients.
  12. Comply at all times to the standards and codes of conduct set out by Skills for Care.

This job description sets out the duties of the post at the time when it was drawn up. Such duties may vary from time to time without changing the general character of the duties or the level of responsibility entailed. Such variations are a common occurrence and cannot of themselves justify a reconsideration of the grading of the post.



**EAST SUSSEX COUNTY COUNCIL  
Person Specification**

**Post Title:** JCR - Support Worker (Joint Community Rehab)

**Location:** Lewes

**Grade:** East Sussex Single Status 5

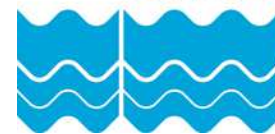
	<b>Essential Criteria</b>	<b>Desirable Criteria</b>	<b>Method of Assessment/ Source of Information</b>
<b>Key Skills &amp; Abilities</b>	<ul style="list-style-type: none"> <li>• Able to identify and assess needs and skills of clients.</li> <li>• Effective communication skills – verbal and written.</li> <li>• Able to provide good work practice with intimate personal care and simple health related tasks.</li> <li>• Able to follow rehabilitation activities as prescribed by occupational therapists and/or physiotherapists.</li> <li>• Ability to liaise and work co-operatively with clients, carers, colleagues and other professionals in any setting.</li> <li>• Ability to work effectively, both within the team and unsupervised.</li> <li>• Ability to maintain accurate records.</li> <li>• Able to follow a care plan and risk assessments so able to work with clients and their carers.</li> </ul>		Application Interview

	<ul style="list-style-type: none"> <li>• To have a person centred care approach.</li> <li>• Commitment to personal development and new skills acquisition where required.</li> <li>• Ability to converse at ease with customer and provide advice in accurate spoken English</li> </ul>		
<b>Education &amp; Qualifications</b>	<ul style="list-style-type: none"> <li>• Adult care worker Level 2 apprenticeship</li> </ul> <p>Or</p> <ul style="list-style-type: none"> <li>• Health care support worker Level 2 apprenticeship</li> </ul> <p>Or</p> <ul style="list-style-type: none"> <li>• Level 2 Diploma in Care</li> </ul> <p>Or</p> <ul style="list-style-type: none"> <li>• Level 2 Diploma in Healthcare Support</li> <li>• Care Certificate</li> </ul> <p>Or the ability to complete one of the above</p> <ul style="list-style-type: none"> <li>• Or equivalent qualification.</li> <li>• Maths and English at level 1 or above</li> </ul>		Interview Certificates
<b>Knowledge</b>	<ul style="list-style-type: none"> <li>• Understanding of the philosophy of working alongside clients.</li> <li>• Health and Social Care Act.</li> <li>• Comply with the Department's standards in line with Skills for Care</li> </ul>	<ul style="list-style-type: none"> <li>• Health and Safety.</li> <li>• First Aid.</li> <li>• Moving and Handling.</li> <li>• Basic Food Hygiene.</li> </ul>	Application Interview

	Code of Conduct.	<ul style="list-style-type: none"> <li>• CQC Fundamental standards and Key Lines of Enquiries</li> </ul>	
<b>Experience</b>		<ul style="list-style-type: none"> <li>• Experience of assisting with rehabilitation programmes.</li> <li>• Experience of working with older people and people with mental health needs.</li> <li>• Experience of caring in a community, hospital, residential or intermediate care setting.</li> <li>• Understanding of conditions/diseases associated with older people.</li> </ul>	Application Interview
<b>Personal Attributes</b>	<ul style="list-style-type: none"> <li>• Effective organisational skills.</li> <li>• Ability to empathise.</li> <li>• Forward thinking, well motivated and flexible (including flexible hours).</li> <li>• Good team working skills.</li> </ul>		Application Interview
<b>Other</b>	<ul style="list-style-type: none"> <li>• Flexible working to include evenings and weekends.</li> <li>• Have a driving licence and access to a vehicle or be able to fully demonstrate the travelling requirements of the post.</li> </ul>		

**Date (drawn up): 10/04/13, modified September 2020**

**Reference of Officer(s) drawing up person specifications: PW, RWC, 12034**



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**Occupational Health**

This section is to make you aware of any functions you may be expected to perform or to which you may be exposed, in relation to the post you are applying for, which may have an impact on your health. If successful in your application, this information will help you identify any health related conditions which may impact on your ability to perform the job enabling us to support you in your employment by way of reasonable adjustments or workplace support.

Using display screen equipment	<input checked="" type="checkbox"/>
Working with children/vulnerable adults	<input checked="" type="checkbox"/>
Moving and handling operations	<input checked="" type="checkbox"/>
Occupational Driving	<input checked="" type="checkbox"/>
Lone Working	<input checked="" type="checkbox"/>
Working at height	<input type="checkbox"/>
Shift/Night work	<input checked="" type="checkbox"/>
Working with hazardous substances	<input type="checkbox"/>
Using power tools	<input type="checkbox"/>
Exposure to noise and/or vibration	<input type="checkbox"/>
Food handling	<input checked="" type="checkbox"/>
Exposure to blood/body fluids	<input checked="" type="checkbox"/>